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Low-Iodine Cookbook Guidelines and Tips for the Low-Iodine Diet used ...

Low-Iodine Cookbook - Thyroid cancer

A Note on \$4/Day I designed these recipes to fit the budgets of people living on SNAP, the US program that used to be called food stamps. If you're on SNAP, you

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Wheat gluten is a food made from gluten, the main protein of wheat. It is made by washing wheat flour dough with water until all the starch granules have been removed ...

Wheat gluten (food) - Wikipedia

Sushi (ã™ã—, á¸, é®), pronounced or) is a Japanese dish of specially prepared vinegared rice (é®é£, sushi-meshi), usually with some sugar and salt, combined ...

Sushi - Wikipedia

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